

PATHS- a parent's guide



PATHS is a curriculum designed to help children learn:

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|-----------------|-------------------------|
| Problem solving | Self confidence |
| Self control | Emotional understanding |

PATHS helps children learn through :

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| Group discussions | Stories | Art activities |
| Educational games | Songs | Dances |
| Role play | Home activities | |

How you can support the work we do;

Add to the compliments list when your child is Pupil of the Day

Help your child complete home activities

Encourage your child to “Do Turtle” or use the control signals when angry

Talk about feeling “comfortable” or “uncomfortable”

Look out for PATHS notices in the school’s newsletter

Support any PATHS related events such as workshops or assemblies

For further information please contact your school’s in house coordinator or PATHS coach Anna Sims
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